SATORI SUMMER CAMP

CAMP FOR GIFTED TEENS 2014

WWW.SATORICAMP.ORG
THE MEANING OF “SATORI”

Literally, the word Satori is Japanese for “Ah Ha!” It originally represented a state of enlightenment sought in Zen Buddhism. It’s an exploration of the mind and the unknown. It’s the insight you achieve only after expending a good deal of your energy and imagination. Satori is the sense of joy that comes from learning.

ABOUT SATORI CAMP

For junior high and high school students, the word Satori is also the name of a one-week journey toward their own personal enlightenment through specialized instruction and social activities. For its 31st consecutive summer, Eastern Washington University is proud to present this opportunity for academically and intellectually talented students to experience their first taste of college with others who share their enthusiasm for learning in an academic and social environment.

Satori Camp allows students to choose three mini-courses from a variety of offerings. Participants are introduced to a wide range of academic and special interest courses designed to develop a well-rounded individual. Each course is held for approximately two hours a day over the six days of camp. This continuity allows for in-depth exploration of subject material, active inquiry and discussion, and hands-on participation by students.

While attending Satori, campers live on Eastern’s tree-shaded main campus in Cheney, Washington. This collegiate setting is ideal for learning and provides a realistic opportunity for college-bound students to gain college preparatory experience. Recreation and entertainment opportunities round out the student’s total learning experience. Because the camp is designed as an enrichment experience, no letter or number grades are given.

DAILY SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Activities</th>
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<tbody>
<tr>
<td>7:30-8:00 a.m.</td>
<td>Breakfast</td>
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<tr>
<td>8:10-10:00 a.m.</td>
<td>Morning Session</td>
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<td>10:30-12:20 p.m.</td>
<td>Midday Session</td>
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<td>12:30-1:00 p.m.</td>
<td>Lunch</td>
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<td>10:10-3:00 p.m.</td>
<td>Afternoon Session</td>
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<td>3:30-5:00 p.m.</td>
<td>Recreational Time*</td>
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<tr>
<td>5:30-6:30 p.m.</td>
<td>Dinner</td>
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<tr>
<td>7:00-9:00 p.m.</td>
<td>Evening Activities</td>
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<tr>
<td>10:00 p.m.</td>
<td>Lights Out</td>
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* Recreational activities include use of the Olympic size swimming pool, rock climbing wall, and ice rink. No camper will be allowed to use the facilities without turning in a liability waiver prior to camp.

OPENING AND CLOSING CEREMONIES

Sunday, July 20, 2014 from 3 to 4 p.m. is scheduled for check-in. Parents are welcome to stay for opening ceremonies at 4:30 p.m. Camp officially ends at 11 a.m., Saturday, July 26, 2014, with closing ceremonies from 10:30 to 11 a.m. We invite all parents to attend.

EVENING ACTIVITIES

SUNDAY: Check-in (3-4 p.m.) Welcome to Satori!
Orientation, Campus Tour and Counselor Group Projects

MONDAY: Capture the Flag

TUESDAY: Skit Night

WEDNESDAY: Satori Time-Traveler’s Ball

THURSDAY: Satori Scavenger Hunt

FRIDAY: Camp Dance

SATURDAY: Check-out (9:30-10:30 a.m.)
Students may select one course from the list below.

- **ZSAT 011-18: The Satori Harold** *(CRN 22404)*
  In Print and Video, spread the news! How would you like to be involved in one of Satori’s most important lifelines? The eyes and ears of camp, otherwise known as this class, will be responsible for documenting events, highlights and thoughts throughout the week both on paper and on film! Be a part of creating the stories and producing web content that will ultimately capture how Satori 2014 will be remembered. Course restrictions: Must be a returning Satori camper, high school students only.

- **ZSAT 011-18: Bring in Da Noise, Bring in Satori!** *(CRN 22417)*
  Experience the extraordinary world of African and Latin hand percussion. You will learn techniques for playing several different instruments in the four major families of African/Latin percussion: bells, shakers, mallets and drums. We will take these techniques and learn to layer together drum grooves based on Duple and Triple time signatures, explore ways for developing solos, and perform for other campers. We will also experiment with Organic (found) percussion by scavenging, salvaging and building our own percussion instruments from the world around us. Remember, as a percussionist, the world is your instrument and the grooves are endless!

- **ZSAT 011-14: The World’s Best Strategy Game** *(CRN 22393)*
  Go is a board game of territorial conquest and originated in China 2,700 years ago. The game is rich in strategy despite its few, relatively simple rules. In this class, we’ll learn the rules, rudimentary tactics, and start on concepts of strategy. Stunningly beautiful as a game, Go is a perfect introduction to Asian conflict-theory, history, all while offering a ferocious intellectual challenge. We’ll play games, get stronger, and learn about Go’s past and future.

- **ZSAT 011-11: Alternative Energy as a Pathway to a Sustainable Future** *(CRN 22390)*
  The availability of energy is a key issue in the world and current energy options are unable to meet the demands of the future. This class will be a discussion of alternative energy for a sustainable future. We will look at and evaluate a number of different alternative energy solutions and the benefits and drawbacks of each. While many different alternative energy solutions will be discussed, this class will have an emphasis on current trends in fuel cell technologies. At the end of the week you will have a strong foundation for continued exploration of alternative energy solutions.

- **ZSAT 011-15: What Happened the Day the Newspaper got a Facebook Account** *(CRN 22394)*
  The media world has changed more than anyone could possibly imagine in the last 10 years. Gone are the days of ticking wire transmissions and typewriters. Facebook, starts revolutions. Reporters are on Twitter. Videos go viral on YouTube. We will take a look at how news is generated and why you should care how you get it. In this class, we will also visit with some of the exciting careers a changing media world is offering.

- **ZSAT 011-12: Gender and the Media** *(CRN 22391)*
  The last few years have been remarkable in terms of steps taken toward gender equality. In 2012 a record number of women were elected to the United States Senate. For the first time Saudi Arabia allowed women to participate in the Olympic Games. And yet despite these strides there are still only 20 female Senators (out of 100), girls in Saudi Arabia are prohibited from participating in organized sports, and boys and girls are exposed constantly to unrealistic portrayals of the genders in tv, print, and other mediums. In this class we will explore the current and historical representation of the genders in the media and in society, examine the effects of media on society, and learn to look at the world through a gender-conscious lens.

- **ZSAT 011-13: How to Make a Cheeseburger from Scratch** *(CRN 22392)*
  What would it take to pull together all the individual ingredients and make America’s most-loved food item? More than you’d expect... in fact, it would’ve been almost impossible to make a cheeseburger more than 100 years ago. In this class, you’ll learn how to be a farmer, a microbiologist, a butcher, a flour miller, a baker, a cheese maker, a cook and food scientist. Together we’ll explore how food gets to your table.

- **ZSAT 011-17: A Stitch in Time: Crocheting for the 21st century** *(CRN 22400)*
  Crocheting isn’t just for cold weather or grandmas anymore! In this class we’ll learn the basic crochet stitches, and make some fun summer projects. Once you learn the basics the possibilities are endless. Impress your friends and family with your ability to make cute, unique accessories of your own design. We’ll talk about crochet terminology, counting stitches, and reading patterns, as well as the different types of yarn and hooks and how to choose them. Resources for further learning after camp will be provided, so you can build on your knowledge and make projects throughout the year. Even if you think you don’t have a crafty bone in your body, give it a try—anyone can crochet.
Students may select one course from the list below.

**ZSAT 011-10: The Ideals of the Samurai (CRN 22387)**
For nearly a thousand years, the warrior class in Japan ruled all levels of society. Appropriating the name “Samurai” these warriors dedicated their lives to the pursuit of perfection in all of their daily activities. Meaning “to serve,” the samurai believed in their cause as a just one. In this class, we will examine the daily lives of the samurai and the culture that surrounded them. Bring your interest in mysticism as we study the banner system and philosophy the samurai lived under. From the moment they woke in the morning until they laid their heads down at night, and idea of bringing harmony to the world was their primary aim. As we dive into the codes and ideals of the samurai and how that impacted their lives, as a class we will find ways to incorporate how they lived into our own lives. A true lesson in satori (or sudden enlightenment) will be had by all!

You have probably talked about him in school. You have probably read or seen Shakespeare performed, probably in movie form. So why are we still doing these dusty 400 year old plays? Let’s really dig into the canon, and see what makes these timeless stories tick. Let’s learn the smart, funny, and often bawdy Bard.

**ZSAT 011-21: The Satori Film Challenge (CRN 22397)**
In this class, campers will learn to express their ideas through film by tackling unique challenges daily. They will be divided into teams and work to push their creativity to new levels through writing, cinematography, and special effects. The campers will also have to complete their work under a deadline, as every day’s videos get uploaded onto the camp’s website, making this truly the greatest Satori challenge ever!

**ZSAT 011-22: Judo and Self-Defense (CRN 22403)**
Ichi! Ni! San! Shi! Students will learn basic karate, judo and self-defense techniques taught in the authentic martial arts atmosphere. The course will include moving basics, kata, basic throwing and falling techniques and knowledge of Eastern culture. The concepts of dignity and respect will be emphasized along with a strengthening of the spirit, which allows the student to push back the limits of their physical prowess.

The Russian writer Masha Gessen ominously subtitled her biography of Vladimir Putin The Man Without A Face. Putin, a former KGB apparatchik, has eviscerated the Russian constitution and manufactured a new personality cult. Dissent from Pussy Riot and journalists is met with sentences to the gulag or assassination. His intervention in the Ukraine is predicated by the delusional pretense that the coup was orchestrated Nazis. Learn how Putin’s autocracy is in line with Russian history- Ivan IV (the Terrible) to Stalin- from a scholar who has studied in the Soviet Union and published several works on the de-Stalinization policies of Gorbachev.

**ZSAT 011-24: Inspired Doodling (CRN 22406)**
When you are bored, do you have a habit of drawing all over every post-it or piece of paper you can find? If so, this is the class for you! In this class, we will create intricate designs and patterns by doodling! We’ll use graphite, colored inks, pens and watercolors to make fabulous artistic creations. No prior art experience necessary, just a wild imagination. There is a $6 lab fee associated with this course which must be paid at the time tuition is due.

**ZSAT 011-25: Pots and Pans and Cowbells: Science as Sound (CRN 22407)**
Have you ever stopped and listened to the world around you? The printer, or a car passing by -- all of these things make sound “music”? This class will look at the physics behind sound waves and the approaches different cultures have had toward music as a science, delving into looking at music in a format entirely made of numbers. Homemade pickups, loop pedals, and mixing boards will be included this year, along with plenty of cowbell. There is a $15 lab fee associated with this course which must be paid at the time tuition is due.

**ZSAT 011-26: Sashiko and the Art of Repair (CRN 22408)**
Study Sashiko, a traditional Japanese stitching technique used to repair and reinforce garments. We will create our own Sashiko works, and simultaneously learn to question American habits of consumption. What is the real value of the products we own? How should things be made? How long should objects last? We make decisions everyday about the products we choose to buy, and the ways of life we support with our purchases. Come prepared to question the ethics of everyday objects, and to participate in an art of making.

**ZSAT 011-28: Not All Engineers Drive Trains (CRN 22416)**
What comes to mind when you hear the term “engineering”? Today, it encompasses a wide range of fields that integrate analytical skills and creativity. It requires attention to fine detail and an enormous imagination to solve problems of an ever-growing and complex society. This class will focus primarily on Civil Engineering that integrate aspects of transportation, structures, architecture, and hydraulics into one week long project. Come prepared to work in teams and get your competitive edge on!
Students may select one course from the list below.

- **ZSAT 011-50: The Philosophy and Culture of Satori (CRN 22398)**
  Satori, by the Zen Buddhist definition, is a state of sudden spiritual enlightenment. In this class we will explore not only the meaning of Satori, but the culture that surrounds it. We will study both the Japanese language and the writings of the Japanese. Students in this class will even get to use Japanese calligraphy and make their own KANJI. Prepare to be enlightened!

- **ZSAT 011-27: The Secret Society of Linguists (CRN 22414)**
  Older than science, books and even math; language has been the hallmark of humanity. It binds us together and makes us a community. Campers will look at examples of a variety of languages, from Latin to Klingon and German to Elven, to learn the basic fundamentals of Linguistic Theory and to construct their own secret language.

- **ZSAT 011-52: It's All in Your Head: Mental Health from Molecules to Mood (CRN 22409)**
  Problems such as depression, anxiety, and psychotic disorders often lack outwardly obvious physical symptoms, and so are often unnoticed by people who aren’t directly affected by them. But mental illness is much more common than you might guess. Approximately one quarter of adults and ten percent of children in the U.S. suffer from some mental disorder at any time. In this class we will explore the meaning and treatment of mental illness: where is the line between “normal” and “abnormal” thinking? Where is the line between the “physical” and the “mental” brain? And if physical changes in the brain are the cause, does that necessarily make medication the best therapy? Join a licensed therapist and a biophysicist in surveying what is known—and what isn’t—about the causes, prevention, clinical symptoms, and treatment of mental illness.

- **ZSAT 011-54/011-55: Ummmm… Wanna Dance?! (CRN BOY 22411  CRN GIRL 22412)**
  Dancing with a partner is fun. There is no experience necessary to learn these dances: East Coast Swing, West Coast Swing, Salsa, Rhumba, Cha-cha, Waltz, Fox Trot, and Tango. Warning: Boys and girls will dance together. P.S. If you have taken this class before, you had better be practicing — whether you are taking this class or not.

- **ZSAT 011-53: Stick it to Me (CRN 22410)**
  Fencing at Satori is formal instruction in movement and blade position. We will work from the perspective of balance and target to master the ebb and flow of combat. Similarly we will touch on the historical foundations of fencing and how it has changed through time. But, ultimately, it is the opportunity to play with swords... and so we take the time to learn the fundamentals in order to share the "joy" of edge and point with others. Class size limited to 14.

- **ZSAT 011-51: Satori Chamber Singers (CRN 22399)**
  Sing, sing a song. Sing out loud. Sing out strong! In this class which is being brought back due to high demand after a decade-long hiatus, is for all levels of singers. Boys and girls are welcome. If you love to sing, this is the class for you. The Satori Chamber Singers will learn several different types of songs to sing and there may even be opportunity to solo. The Satori Chamber Singers will have several chances throughout the week to perform for the camp. Whether you have experience or not, come sing your heart out!

- **ZSAT 011-56: Color me Bad (CRN 22413)**
  Design and product development are complex processes involving many disciplines. Business, writing, engineering, illustration, manufacturing, leadership, marketing, and of course, design are just a few of the specialties needed to turn an idea into a product. You will be a part of a small design consultancy working for a client to deliver a well thought out product solution. Learn how to think creatively, communicate complex ideas, work collaboratively, and to give and take constructive criticism. Let's design something!

- **ZSAT 011-57: Get this Party Started! (CRN 22415)**
  Have you ever wondered what it takes to DJ the Satori dance? The class will cover DJ theory. We will be focusing on audio equipment, digital technology, music types and styles, building set, playlists and learning how to lead interactive games. Learn how to jump from Lil Wayne to Frank Sinatra and from dubstep to hip-hop and back. If you’re lucky, you may even get to help DJ Satori’s dance!

- **ZSAT 011-59: Life of Games (CRN 22418)**
  In The Life of Games, students will explore the rich history and culture surrounding games. From ancient games of chance to misappropriating semi-sacred artifacts to pass the time, humans have a great tradition of applying rules to play. Come learn about a variety of games and gain knowledge of how to apply the skills learned and practiced therein to the real world.
STUDENT ADVISORY COUNCIL

Campers attending at least their third year of Satori Camp are invited to take part in our Student Advisory Council. This council was established over fifteen years ago by students, with the goal of using students' input and ideas to further develop the idea of “Satori.” The S.A.C. arrives one day early for a roundtable and leadership workshop facilitated by camp directors.

COUNSELORS IN TRAINING (CITS)

After graduation, involvement with Satori Camp doesn’t have to stop; former campers can stay involved with the camp through our CIT program. CITs are instrumental in the smooth running of the camp as they provide assistance to counselors, instructors and other camp staff by performing a wide variety of administrative and leadership tasks.

To qualify, you must have at least two years of experience as a camper at Satori Camp, you must be at least 18 years old, and you must have spent at least one summer away from the camp since your last year as a camper. Also, successful applicants must be able to arrive a day early to assist in the set-up of the camp.

*All interested applicants should write a one-page essay detailing what strengths they would bring to the camp as well as what suggestions they have for improving the overall camp experience for others. Applications will be ranked in order received and by the quality and thoughtfulness of the essay. Application deadline is June 27, 2014 (although due to a limited number of positions, the earlier, the better). Applications should be emailed with the subject line “CIT Application” to satoricamp@hotmail.com
**INSTRUCTORS**

*Zac Alden*
Currently pursuing a Bachelor of Music with a minor in Philosophy from Portland State University. He is a performer, bandleader, composer, and luthier.

*Matt Buchholtz*
A graduate from the University of Washington with a degree in Cinema Studies, now living in Los Angeles.

*Cristiana Bunica*
Graduate from Pacific University with a B.A. in Music Education.

*Tyler Burnet*
Recently earned a M.F.A. in Acting at the University of Georgia. Tyler currently lives in Los Angeles and is just back in town after spending a year in the West Side Story national tour.

*Ashley Canton, P.E.*
is a registered Professional Engineer who has worked in Oregon as a water resources engineer for over 10 years. She received a B.S. in Civil Engineering from the University of Portland in 2004, and has been working in consulting ever since.

*Dr. Marcus Collins*
Ph. D. in Physics from Cornell University, where he began to study biology. Currently works in the Department of Physiology and Biophysics at the University of Washington studying mechanisms of pain signaling at the molecular level.

*Jeffry Finer, Esq*
Holds a B.A. from Yale and Juris Doctor from Univ New Mexico. Jeff works as a civil justice attorney in the Center for Justice. In addition, he has nearly 40 years of experience playing and teaching “Go.”

*Pat Hagnay*
School District 81 Art Specialist; and art teacher for over 20 years and a watercolor painter.

*John Hagnay*
Teacher in Spokane School District 81; adjunct faculty at SFC and EWU; 1997 Presidential Scholar Distinguished Teacher.

*Pia Hallenberg*
A reporter with the Spokesman Review and in charge of maintaining two Spokane blogs. Graduated Summa Cum Laude from Eastern Washington University and is a Frances B. Huston award recipient.

*Jeri Kopet*
Works in the legal realm and freelance journalism. Jeni earned her B.A. in Counseling Psychology from Alaska Pacific University where she placed special emphasis on gender issues. She currently co-hosts a radio show with Jen Lott about feminism, gender, and current events.

*Janessa Lawson*
Studied at Spokane Community College, where she was managing editor of the student newspaper The Sasquatch Times. Janessa currently works in technical support at Spokane Teachers Credit Union.

*Jennifer Lott*
Graduated from Gonzaga University with a Chemistry degree and has spent the last 17 years doing research and development on fuel cell systems. He has over 18 patents covering all aspects of fuel cell products and their operation.

*Emily Martin*
is pursuing a bachelor's degree in Languages and Literature at The Evergreen State College.

*Chris Mathison*
The Operator of the Grist Mill and Gardens provincial historic site in Keremeos, BC which features Western Canadas only waterwheel-powered flour mill.

*Bruce McDavis*
6th degree black belt in Goju-ryu Karate; has been teaching karate since 1975 throughout the Inland Northwest.

*Greg McGuire*
Satoris beloved DJ brings more than 20 years experience of DJing Satori dances. In addition, Greg works in Computer Sciences at Gonzaga University.

*Jace McNinch*
Studied Romance Linguistics and Anthropology at the University of Washington and is currently working towards a Masters in Linguistic Anthropology.

Mike Page
A teacher for Spokane Public Schools and life-long Fencer. Mike has taught Fencing techniques for more than twenty years.

*Emily Powell*
Master of Design in Designed Objects from the School of the Art Institute of Chicago and BA in Architecture from Middlebury College.

*Random Powell*
Is an avid researcher, player, teacher, and officiator of games. He currently holds a career in banking when not gaming.

*Jonathan Ramos*
Received a BA in History with a minor in Government from EWU. In addition, he recently earned a MA in Global History from EWU.

*Charlie Smith*
Spent two years as an editor for Spokane Falls Community College’s award-winning student newspaper, “The Communicator” and is currently working to complete his Bachelors in Education and Music Performance at Seattle Central Community College.

*Mark Tietjen*
Director of Orchestra and Assistant Director of Bands in the Central Valley School District, BA in Music Education and MA in Percussion Performance from Eastern Washington University.

*Sam Thompson*
Recent graduate of the Industrial and Interaction Design program at Syracuse University; working as a designer at a greeting card company.

*Bill Williams*
Professor of Psychology at Eastern Washington University.

*Satori Camp INFO + POLICIES*

**SCHOLARSHIPS**

A very small number of camp scholarships are available for low-income students. In order to acquire application information, please contact Satori Camp Scholarships c/o Sara Maleki at 220 Showalter Hall, Cheney, WA 99004 or call 1-800-999-8363. The formal applications must arrive at the Satori Camp office prior to June 6, 2014. Formal notification will be mailed out June 20, 2014.

**CANCELLATIONS**

Notification of cancellation must be in writing and postmarked no later than July 3, 2014. Tuition paid will be refunded less a $25 clerical charge. After this date, refund requests will be allowed only in case of emergencies and will require an explanatory letter from a parent. Please send written notices of cancellation to: Satori Camp Cancellations c/o Sara Maleki, 220 Showalter Hall, Cheney, WA 99004.

**DISCIPLINE AND SUPERVISION**

EWU may deny admission, attendance and/or participation to any current or prospective Satori camper, if, in the judgment of the university, and based on the camper’s past or current behavior or conduct, the camper could create a disruption to normal camp operations and activities or pose a health or safety risk.

**QUESTIONS?**

If you haven’t found the answers to your questions on our website, or if you simply prefer to communicate by phone, email or traditional mail, please contact us:

**PHONE**
1-800-999-8363 or 509-359-6267

**MAILING ADDRESS**
EWU - Satori Camp
220 Showalter Hall
Cheney, WA 99004

**E-MAIL ADDRESSES**
To ask general questions about Satori, make travel arrangements, or to speak with the directors, email satoricamp@hotmail.com

If you need help with registration or have questions about financial information, including scholarships, email satoricamp@ewu.edu
SATORI CAMP TUITION

RESIDENTIAL CAMPER
ZSAT 001-98 (22388) $725
Payment includes residence hall housing, all meals, class instruction and materials (except lab fees as noted), facilities usage, recreation, T-shirt, camp photo and a certificate of achievement. Free: an amazing experience of the mind and finding life-long friends.

CHECK IN AND CLOSING CEREMONIES
Sunday, July 20, 2014 from 3 to 4 p.m. is scheduled for check-in. Parents are welcome to stay for opening ceremonies at 4:30 p.m. Camp officially ends at 11 a.m., Saturday, July 26, 2014, with closing ceremonies from 10:30 to 11 a.m. We invite all parents to attend.

COMMUTER
ZSAT 001-99 (22389) $625
Includes lunch (Monday-Friday), class instruction and materials (except lab fees as noted), facilities usage, recreation, T-shirt, camp photo and a certificate of achievement. Free: an amazing experience of the mind and finding life-long friends.

HOW TO REGISTER
Registration for Satori 2014 will be done exclusively online. To see application and registration instructions and to register for Satori 2014, please go to www.ewu.edu/Satori. Paying for Satori with a purchase order? Please call Satori Camp at 800.999.8363
Full tuition or a $100 deposit is due at the time of registration. Completed registration is due by July 3, 2014. A late charge of $30 will be added to registrations postmarked after that date. The remaining tuition balance is due by July 11, 2014. Foreign registrations should include tuition payable in U.S. funds.
Note: All campers must turn in a medical release form at the time of online registration in order to participate in Satori Camp. Classes are filled on a first-come, first-serve basis. If you do not get your first choice, you will automatically be placed on a waitlist for that class.

SATORI REGISTRATION

MORNING SESSION

CRN# __________________ CRN# __________________ CRN# __________________

MIDDAY SESSION

CRN# __________________ CRN# __________________ CRN# __________________

AFTERNOON SESSION

CRN# __________________ CRN# __________________ CRN# __________________
Eastern Washington University
2014 Satori Camp
220 Showwalter Hall
Cheney, WA 99004