FIRST AID KITS

It is the responsibility of the shop or department to maintain their first aid kits. First aid kits should only be for minor injuries, Band-Aid level. No eye pads, tourniquets, slings, roles of gauze, inhalants, etc.

If the injury goes beyond the Band-Aid stage then the injured person needs to go to the clinic or call 911 for paramedics.

EH&S suggests a first aid kit that has the following:

- (5) 1” X 3” Woven Adhesive Strip Bandages
- (5) 2” X 3” Woven Adhesive Patch Bandages
- (5) Woven Knuckle Bandages
- (4) 2” X 2” Sterile Gauze Pads
- (4) First Aid & Burn Cream Foil Packs
- (4) Antiseptic Wipes
- (4) 4” X 4. Gauze Pads
- (4) 2” X 3” Non-Stick Pads
- (4) .5 gram Triple Antibiotic Ointment Foil Packs
- (1) Adhesive Tape 1/2” X 2.5 yds
- (1) Tweezers
- (1) Blunt scissors
- (1) CPR Shield
- (2 pair) vinyl or nitrile gloves

**Remember:** First aid supplies do expire and/or degrade. Some first aid supplies don't expire so much as they just dry out or degrade. Things like cotton gauze may last for years without needing to be replaced. Other items, like adhesive bandages or medical tape, may need to be replaced more frequently because the glue and latex can break down over time. Gloves can also break down over time and should be replaced at least yearly.

First Aid & Burn Cream Foil Packs and Antiseptic Wipes may have expiration dates that would indicate it is time to replace them. Specialized items, such as first aid kits for hydrofluoric acid emergency response need to be updated yearly. One person per department or shop should be responsible for first aid kit maintenance and resupply.

**Location, Location, Location**
Place first aid kits in an easily accessible location and protect from heat, sunlight, freezing and moisture. If first aid kits are placed in a cabinet then the outside of the cabinet should be labeled to indicate the location of the first aid kit. Make all employees aware of the first aid kits location.

**NOTE:** Avoid blood and body fluid contact. This type of contact can lead to Hepatitis and HIV exposure.