The Cookie Thief

She hunted for a book in the airport shops, bought a bag of cookies and found a place to drop.

She was engrossed in her book but happened to see, that the man sitting beside her, as bold as could be... grabbed a cookie or two from the bag in between, which she tried to ignore to avoid a scene.

So she munched the cookies and watched the clock, as the gutsy cookie thief diminished her stock. She was getting more irritated as the minutes ticked by, thinking, “If I wasn’t so nice, I would blacken his eye.”

With each cookie she took, he took one too, when only one was left, she wondered what he would do. With a smile on his face, and a nervous laugh, he took the last cookie and broke it in half.

He offered her half, as he ate the other, she snatched it from him and thought... oooh, brother. The guy has some nerve and he’s also rude, why he didn’t even show any gratitude!

She had never known when she had been so galled, and sighed with relief when her flight was called. She gathered her belongings and headed to the gate, refusing to look back at the thieving ingrate.

She boarded the plane, and sank in her seat, then she sought her book, which was almost complete. As she reached in her baggage, she gasped with surprise, there was her bag of cookies, in front of her eyes.

If mine are here, she moaned in despair, the others were his, and he tried to share. Too late to apologize, she realized with grief, that she was the rude one, the ingrate, the thief.

By Valerie Cox in “A Matter of Perspective”
Responsibility Model

Victim

Response
- Blaming
- Complaining
- Excusing
- Repeating behavior

Outcome
- personal insecurity and development of a climate that fosters helplessness and resentment

Situation / Circumstances

Choice / Attitude

Creator

Behaviors
- Seeking solutions
- Taking action
- Trying something new

Outcome
- personal confidence and development of prosocial, cooperative environments

Adapted from "On Course: Strategies for Creating Success in College and in Life" by Skip Downing